Thompson Retractor

Uncompromised Exposure™

Thompson Techniques:

BRAU (REVERSE LIP) ANTERIOR LUMBAR ACCESS

“The Thompson AL Brau Blades have become essential for the Anterior Mini-Open approach to the lumbar spine with a proven 15 year track record of safety. You get steady, rock solid exposure providing excellent visualization throughout without the need to re-adjust thus saving time by reducing the ‘fiddle factor.’”

- Salvador A. Brau, MD, FACS
Salvador A. Brau, MD, FACS

Dr. Brau trained in general vascular surgery at the Mount Sinai Hospital in New York City and has been performing anterior access procedures to all levels of the spine for over 20 years. He has performed over 1,500 open anterior approaches to the lumbar spine and has also been a pioneer in anterior laparoscopic and thoracoscopic access. Now retired, Dr. Brau was Assistant Clinical Professor of Surgery at USC, and worked at Cedars-Sinai Medical Center in Los Angeles.

Dr. Brau has developed a new “mini-open” anterior approach to the lumbar spine. In October of 2000, he presented his experience with this approach in 386 cases, along with a video of the procedure, to the North American Spine Society Annual Meeting in New Orleans.

This procedure is dependent on special retractors designed by Dr. Brau. These retractors received a patent on October 9, 2001, and are available exclusively from Thompson Surgical Instruments, Inc.

The anterior approach to the lumbar spine is heavily dependent on the ability of the access surgeon to provide exposure quickly and safely in view of a reported incidence of vascular injury. The requirement of a “straight on” anterior-posterior exposure for alignment of cages and artificial discs has presented a significant challenge for the approach surgeon to provide a small incision and yet maintain the degree of safety necessary to prevent injury to the iliac vessels and autonomic nerve plexus. The approach described here utilizing the Thompson retractor system significantly reduces these concerns.

Exclusive Reverse Lip Blades
Reverse lip stabilizes retraction by engaging the lateral aspect of the vertebral body.

Uncompromised Exposure
Radiolucent Reverse Lip Anterior Lumbar blades offer phenomenal exposure of the anterior lumbar spine and prevent blade slippage.

Radiolucent, Strong Blades
Superior strength prevents excessive flexing under heavy retraction. Available up to 250mm deep to accommodate all patient sizes.

NOTE
See page 7 for ordering information.

NOTE
As we continually strive to provide the best products possible, some of the images in this user manual may appear slightly different from the product received.
Retroperitoneal Mini-Approach Set Up Steps

Below are the suggested set up steps for retroperitoneal anterior lumbar exposure, as outlined by Dr. Brau.

**Step 1**
Place the patient in the supine position on an x-ray table. The approach surgeon stands on the left and the assistant on the right. The level of the transverse incision in the craniocaudal plane depends on the level of the spine to be approached. A lateral x-ray of the spine is essential to determine the proper placement of this incision.

**CAUTION**
If the patient is obese, avoid compressing the ulnar nerve when placing rail clamp.

**TIP**
When necessary, use a wider OR table or add 2 ¼” to the width of the table by using our Rail Extender ( #41917 ).

**Step 2**
The left rectus muscle is mobilized circumferentially. With the rectus muscle initially retracted medially, carefully incise the posterior sheath of transversalis fascia 4 to 5 cm until the peritoneum is seen to shine through. Grasp the edges with a hemostat and lift it away and very carefully dissect if from the peritoneum. Incise it as far inferiorly and superiorly as possible. Using your index finger, carefully push the peritoneum posteriorly at the edge of the fascial incision and slowly develop a plane between it and the undersurface of the internal oblique and transversus muscles and fascia. This will lead you to the retroperitoneal space.

Continue careful blunt finger dissection posteriorly, and then start pushing medially trying to elevate the peritoneum away from the psoas muscle. Be careful not to enter the retropsoas space at this point, as this will lead to unnecessary bleeding in a blind pouch. The genitofemoral nerve can be easily identified over the psoas. The ureter can usually be identified as the peritoneum is lifted away from the psoas. Both of these structures should be preserved from injury.
Retroperitoneal Mini-Approach Set Up Steps (continued)

Step 3
Once the psoas is identified, palpate medially to feel for the disc and vertebral body and iliac artery. At this point, if size of the incision allows, insert the entire hand and make a fist in the retroperitoneal area. Sweep with the closed fist up and down to elevate the peritoneum away in all directions. Continue with blunt dissection to expose the entire length of the common and external iliac arteries as far distally as possible, and then start careful blunt dissection along the lateral edge of the artery. This will expose the left common iliac vein just underneath the artery. Continue the dissection posteriorly to identify the ileolumbar vein(s). Variations in the formation of the common iliac vein and the lumbar veins are common, and great care must be exercised in order to identify, ligate and transect these veins and avoid avulsion. The left iliac vein and artery can now be separated away from the spine using gentle, peanut sponge, fingertip and blunt elevator dissection.

Step 4
Secure the Elite II Rail Clamp to the table rail over the sterile drape on either side of the table, whichever side keeps the surgeon’s operating field clear (A). The Crossbar is inserted into the joint and positioned 2 cm above the operative site (B).

Step 5
All vascular structures are then swept from the left to right, providing adequate visualization of the disc(s) and vertebral bodies involved. Segmental vessels running across the valleys on the anterior surface of the bodies can be transected between clips and swept to the sides with blunt dissection.

Make sure you can get at least one finger between the vein and the ligament so that you can palpate the right lateral edge of the spine with the vessels above your finger(s).
Retroperitoneal Mini-Approach Set Up Steps (continued)

**Step 6**
The lateral extension arms are attached to the crossbar (A) and positioned just above the horizon of the patient (B).

**Step 7**
The surgeon’s left hand then re-enters the retroperitoneal space with the rectus now moved laterally, and the fingers find their way to the right side of the spine. A Radiolucent Reverse Lip Anterior Spine Access blade is placed blindly on the right side of the spine using the finger(s) as a guide.

**Step 8**
This blade is then attached to the lateral extension arms of the retractor frame, elevating the vascular structures and exposing the anterior surface of the spine. Once secured to the Thompson Retractor, the reverse-lipped blade will not move. The reverse lip keeps the blade anchored to the edge of the spine and prevents it from slipping anteriorly once tension is applied. Without this reverse lip, the retractor blade will not work effectively.

**Step 9**
With the rectus now retracted laterally, there will be much less resistance when pushing the retractor blade to expose the spine in a direct AP view and allow placement of the sleeves for insertion of a threaded device, femoral ring or artificial disk. Place a second reverse-lip blade on the left side of the spine and attach to the Thompson frame. Commonly, additional retractor blades need to be placed superiorly and/or inferiorly to complete the exposure. With the blades well anchored to the lateral wall of the vertebral column, the spine surgeon and the assistant can now work on the disc without other hands or retractors being in the way and with relative security that vessels will not move around the retractors and expose themselves to injury.
Anterior Lumbar System Components

ANTERIOR LUMBAR SYSTEM

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SYSTEM NOTICE:
Non-S-Lock system available, but may require a longer lead time. Please call for more information.
Table Adapters + Rail Extenders
Providing stable support on the OR table for the table mounted frame

When bedrail space is not available for a rail clamp, or, when the bedrail needs to be offset to accommodate obese patients, a rail adapter or rail extender should be applied.

TABLE ADAPTER
Easily connects to Jackson Spine tables to add a standard bed rail for applying a table mounted Thompson Retractor System to your operation.

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RAIL EXTENDERS
Apply a Rail Extender to your OR table to increase your rail length or width and provide more attachment options for Thompson rail clamps.

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